# **2017 Ungaluk Funded Regional Projects**

**Project title** 

Uvattinut 2017

#### **Project Manager**

Beetoven Assante

### Name of institution/organization

Herbergement communuataire Uvattinut

### **Project Summary**

Uvattinut Supervised Apartments is a self-governing not-for-profit organization that provides independent living opportunities, 24-hour supervision, and support for low-income Inuit who have mental health problems and are at risk of itinerancy. The organization provides a series of services for its residents, which aim to significantly reduce the amount and the severity of criminal behaviour in the population of individuals who have mental health problems who live permanently or temporarily in Puvirnituq through enhancing life and social skills by participation in traditional Inuit activities and other community-based activities.

The specific project funded by Ungaluk focuses on providing activities for the clients such as a collective kitchen, excursions on the land, traditional Inuit activities, and programs where the clients conduct community service. The organization is also asking for funding for salaries, building operations, and maintaining the organization.

Saqijuq

### **Project Manager**

Aileen MacKinnon

### Name of institution/organization

Nunavik Regional Board of Health of Social Services

#### **Project Summary**

The purpose of the Saqijuq Project is to reconstruct social regulation in Nunavik. The project's general objectives are to curb abusive alcohol and drug use with a view to reducing the physical and psychological harm they cause, resulting criminality, over-judiciarisation and the number of Nunavimmiut held in prisons.

In 2013, a "Saqijuq Nunavik Quebec Coordination Table", under the responsibility of Québec Minister for Social Services and Youth Protection, and Nunavik Regional Partnership Committee was created with the goal to bring together the main regional and provincial stakeholders who holds an adequate level of authority to favor the implementation of the project.

The mandate given to the "Saqijuq Nunavik Quebec Coordination Table" is to ensure the deployment of Saqijuq project which proposes a common approach involving all local, regional and governmental partners and aims to identify and implement concrete solutions to reduce the devastating impacts and criminality caused by major social issues facing the region, mainly those related to drug and or alcohol abuse.

The overall work of the "Saqijuq Nunavik Quebec Coordination Table" is under the direction of a Board of Governance which is under the joint responsibility of the Minister for Social Services and Youth Protection and representative of the Nunavik Regional Partnership Committee.

The other members of the Governance Board are the Deputy Ministers of the Ministry of Health and Social Services, Ministry of Justice, Ministry of Public Security and representatives of the KRG and Makivik Corporation. The coordination table is also composed of representatives of the Ministry of Health and Social Services, Ministry of Justice, Ministry of Public Safety, KRG and Makivik Corporation.

The project has started work through working committees to look at regional actions, and has begun in Purvirnituq to build local actions such as setting up support circles.

The project in general aims to: identify, adapt and disseminate awareness and prevention programs to counter drugs and alcohol abuse and criminality; mobilize citizens in the fight against drug and alcohol abuse, crime and violence; create support circles (communities and families) to detect, intervene, refer and support individuals at risk of committing crimes and or individuals in difficulty (prevent reoffending, etc.); organize, plan and identify funding sources for the establishment of treatment and support centers (detox, rehab and sobering up centre) in Nunavik; organize, plan and implement Nunavik's specialized court (tribunal) and improve Nunavik Justice Committees so they are better adapted to Nunavik's realities, values and needs; and organize, plan, identify funding sources and implement joint intervention teams (police officers and social workers).

Jeunes Karibus

#### **Project Manager**

Valerie Raymond

### Name of institution/organization

Kativik School Board

#### **Project Summary**

The project fosters perseverance through outdoor education, while developing healthy lifestyle habits, environmental awareness, and leadership. It is a year-long program aimed at presenting youth with an achievable goal, while providing them with the tools to pursue future objectives.

Since its first year as an expedition-based program, Jeunes Karibus has grown into a complete project that teaches life skills, dedication, and healthy habits. The program aims to keep secondary school students in school, and to help them develop positive lifestyle habits.

Throughout the year, students will take part in training sessions aimed at increasing their employability. Through workshops and training sessions, students will learn about, among other things, wilderness first aid, leave-no-trace camping, and healthy cooking on the land. These skills may prove useful in the near future if a participant is interested in working as a professional guide in the outdoor tourism industry. Several times during the year, and whenever possible, students will also meet and learn from local elders and guides.

They participate in a four-day team building outing in one of Nunavik's National Parks, and students will have to reach a team goal by completing a cross country ski expedition between communities. Students from the Ungava Coast will ski from Aupaluk to Kangirsuk while students from the Hudson Coast will ski from Kuujjuarapik to Umiujaq. The expedition will take place in early April.

Inusiga Unaga (My Life, My Community)

#### **Project Manager**

Jacques Bertrand

### Name of institution/organization

Hebergement communautaire Ungava

#### **Project Summary**

The organization provides a temporary home in Kuujjuaq for 8 men who have chronic mental health problems and are at risk for committing crimes or reoffending. The goal of the Inusiga, Unaga (My Life, My Community) project is to provide basic life skills training and support services to these individuals. Currently, the organization has enough money to run the house and pay for a coordinator. The organization would like to offer activities to the men, and would hire an ex-resident of the house to run activities with the men.

The basic life skills program will offer participants the chance to develop skills which will help them to successfully integrate into the community and to avoid reoffending.

A second goal of the project is to provide ongoing opportunities for men and women, who themselves have committed crimes related to alcohol consumption, to be active participants in the program, leading workshops in traditional skills such as outings on the land. They participate in a four-day team building outing in one of Nunavik's National Parks, and students will have to reach a team goal by completing a cross country ski expedition between communities. Students from the Ungava Coast will ski from Aupaluk to Kangirsuk while students from the Hudson Coast will ski from Kuujjuarapik to Umiujaq. The expedition will take place in early April.

Qajaq Network

### **Project Manager**

Johnny May Jr

### Name of institution/organization

Reseau Qajaq Network

### **Project Summary**

Qajaq Network focuses on providing services to men who are at risk of breaking the law and risk of getting detained. There are 3 active intervenors who work with men to show them that there are different choices they can make and have a healthy lifestyle. They aim to help 100 people between the ages of 18 and 40+. On occasion, they help couples with relationship troubles. Project activities include one-on-one counselling in a safe and confidential setting. Qajaq Network offers group counselling sessions when we have enough men. Also another successful form of counselling through healthy lifestyles is onthe-land excursions. The organization also offers toll-free phone counselling for men in other communities in Nunavik. Qajaq Network offers phone counselling to men in detention centers in the south.

Good Touch Bad Touch (GTBT)

# **Project Manager**

Anita Gordon

### Name of institution/organization

Nunavik Regional Board of Health and Social Services

#### **Project Summary**

GTBT is a project to protect children from sexual abuse, prevent child sexual abuse and reduce its impacts on the Nunavik population.

GTBT offers cchool-based programming in 6 communities and Hidden Face in 6 communities, as well as visiting 4 communities to explain the program and application process (Umiujaq, Akulivik, Puvirnituq, and Ivujivik). They will also 2 additional people in each community visited, a total of 12 new facilitator-counsellors. The newly trained facilitator-counsellors will be able to follow up locally, and deliver programming in the future. They will also be able to support program delivery in nearby communities (e.g. facilitators from Inukjuak can support programming in Umiujaq, etc.). After a 2-week training period in their home community, they will be considered facilitator-counsellors for any subsequent activity.

As a new item, suggested by Ungaluk, 4 GTBT facilitators will visit one of the jails to provide programming. It was recommended that the person committing the abuse also receive support.

Summer Literacy Camps in Nunavik

# **Project Manager**

Melanie Valcin

### Name of institution/organization

Nunavik Regional Board of Health and Social Services

#### **Project Summary**

Frontier College and the Kativik School Board are bringing Summer Literacy Camps to 10 communities (2 more communities from 2016) in the summer of 2017. The camps will run 5 days/week for 4 weeks and will be free of charge for all local children aged 5 to 12. Approximately 360 to 400 children will be reached through this project as well as 120 to 140 parents.

The purpose of the Summer Literacy Camp is to engage children in enhanced learning opportunities during the summer months and support learning retention so that they return to school in the fall with the skills and confidence to succeed. The camps will provide children with safe, educational activities to fill their days for one month in the summer (half of their summer break), while creating valuable employment opportunities for local youth and young adults wherever possible. The project will build children's self-esteem, social skills and resilience through literacy, while contributing to skills development and strengthening the role of youth, parents, Elders and other community members as positive role models. Activities will take place in the primary school of the host communities and will build literacy and numeracy skills through reading, story-telling, arts and crafts, music, drama and outdoor games. Local Elders and other community members will also be involved as leaders of cultural and traditional activities.

Transformational Life Skills Nunavik

# **Project Manager**

Salimah Gillani

### Name of institution/organization

TLS Nunavik Solutions Inc.

#### **Project Summary**

The Transformational Life Skills protocol has been proven to reduce an individual's reaction to stress by increasing emotional awareness and regulation as well as tolerance to distress which has been shown to increase school engagement, alter attitudes towards violence in youth and decrease burnout from compassion fatigue of community care workers.

The TLS training program is evidence-based, trauma-informed, and cost effective front-line prevention for positive youth development, intervention for teachers and community care workers, and violence reduction.

Given the devastating losses of so many youth in Kuujjuaq in the last year, immediate intervention with youth, parents, and organizational staff was requested by the NV of Kuujjuaq. A pilot project in Transformative Life Skills community interventions and certification based trainings was conducted from January 13 – 20, 2016 in Kuujjuaq. The results were: over 270 community members were directly impacted in the interventions and trainings: 120 youth during daily school interventions, almost 80 organizational staff from NRBHSS, KSB, NV, & KRG, and almost 70 community members during the Good Touch Bad Touch sessions.

The organization is now requesting for funding for:

1) Transformative Life Skills Certification workshop (3 days) in Kuujjuaq with regional staff from Kuujjuaraapik, Inukjuak, Pov, Kangiqsujuaq, and Kuuujuaq, 2) Delivery and evaluation of full TLS lesson plan over 12 weeks in each of the 5 communities identified, and 3) development of 21 mindfulness based visualizations in Inuktitut for audio download.

Youth Fusion

### **Project Manager**

Andréanne Parenteau

### Name of institution/organization

Youth Fusion

### **Project Summary**

Youth Fusion has been offering programming in Nunavik since January 2012, with support from Ungaluk. Their programs include: Leadership and Healthy Living, Performing Arts, Arts and Medias, Science and Robotics and Science and Outdoors. Their activities are aimed at all students in grade 4 to secondary 5. Youth Fusion's objectives are to:

- \* Put in place daily extra-curricular activities, in order to provide a safe space for youth, and a concrete alternative to drugs, alcohol, vandalism and thrill-seeking activities;
- \* Strengthen school spirit and student's sense of belonging at school in order to motivate them to attend and succeed;
- \* Empower youth and develop their self-esteem;
- \* Develop students' capacities for self-expression, team work, perseverance and other career-related skills;
- \* Strengthen links between the school and community organizations (such as recreation department, cultural department, radio station, youth centres, etc.).

### Leadership and Healthy Living program:

- -Provide leadership opportunities for youth by facilitating the student council;
- -Promote physical and mental health, by organizing physical activities, nutrition workshops, and creating a safe space for youth;
- -Develop programs to address bullying and violence in the school.
- -Support in implementing school-wide activities (theme days, holiday activities, dances, etc.)
- -Supervision and animation of a student lounge & student-run canteen.

#### Performing Arts:

The program involves organizing extra-curricular activities for at-risk youth, on a daily basis, throughout the entire school year. The activities include: music lessons (guitar, percussion, vocals, etc.); band practices; jams open to all community members; improve and theatre exercises; circus arts and/or dance, depending on the interests of the students and project coordinator. It also involves organizing a local performing arts show in each village.

### Arts and media:

The Arts and Medias program aims at increasing leadership skills among students using different medias, particularly film making. Workshops include learning of script-writing, story-boarding, camera work, editing, sound design, subtitles and poster design. Students organize an exhibition to present their movie to the community.

#### Science and outdoors:

This program is aimed at exposing youth to opportunities for post-secondary education and careers in the science field. The project includes the organization of a science club, field trips, which may involve canoeing, kayaking and camping, orienteering, and survival skills, as well as learning about the local ecosystem and sampling techniques.

Girls Inc

# **Project Manager**

**Emmanuelle Gauchier** 

### Name of institution/organization

Centre Unicura

### **Project Summary**

After working with youth protection in Puvirnituq for the past 3 years, Emmanuelle Gauchier came to the conclusion that girls between the ages of 14 and 18 years old lack outlets to be heard. This particular age group is at high-risk of teen pregnancy, low self-esteem, school drop-out and violence, and sexual abuse.

Girl Inc. is a program created for girls between the ages of 14 and 18 years old who are in need of a friend or a safe heaven, and to address the high risk of teen pregnancy, low self-esteem, school drop-out and violence and sexual abuse.

Girl Inc. is a 4-week camp where each week the group would tackle a different issue:

Week 1: Introduction to the program, building trust/ Self-esteem, Bullying

Week 2: Healthy lifestyle, Healthy relationship/ Teens pregnancy, Sexuality

Week 3: Suicide, Abuse (open a dialogue)/ Choosing life

Week 4: Building lasting community ties with elders and other women

For 2017, the objective of the program is to invite a total of 30 girls in Inukjuak to offer the camp where they will be exposed to different activities every day.

Example of activities:

- -Inuit sport
- -Cooking class
- -Beading class
- -Sister circle
- -Movie night
- -Land activity
- -Arts and crafts
- -Sport
- -Prevention class: violence, substance abuse, sex education.

Qanaq 2017

# **Project Manager**

Mary Kaye May

### Name of institution/organization

Nunalituqait Ikajuqatigittut Inuit Association

#### **Project Summary**

QANAQ 2017 will be the 5th conference for youth by youth. The conference aims to address the issues raised by the participants that they feel are linked to issues hindering their development as Nunavimmiut:

- Preventing Substance abuse is not just about saying NO to alcohol or drugs, it is about giving relevant information
- Learning about the impact of colonization, multi-generational trauma and oppression enable youth to see how some of their "choices" that may have cause them difficulties are not really "choices" but perhaps even "normal" responses to things that happened in the past.
- Learning to accept what cannot be changed, and to question the "stances" we may have taken about ourselves in our childhood and youth, as "victims" helps us change the narrative that may be limiting us in terms of the future.
- Parenting workshops
- Information on adult education opportunities to testimonials from individuals who have returned to school
- Restorative Justice practices

The target group is youth 18-35 years, however, older participants will be allowed. The conference will be 5 days long.

Arnaliat Nipingit 2017

### **Project Manager**

Caroline Herve

### Name of institution/organization

Saturviit Inuit Women's Association of Nunavik

#### **Project Summary**

Saturviit plans to organize its third women's conference "Arnaliat nipingit 2017" in Kangirsuk in March 2017. The conference will welcome around 45 women from all Nunavik communities and from the South during five days to discuss, share their knowledge and reflect together on violence and crime prevention. Participants to the conference will be women aged 16 and older coming from 14 communities in Nunavik and from the South. They expect to have 30 women from different generations (one younger and one elder women per village).

The main objectives are:

- Providing Inuit women an open forum and a secure environment to share their challenges, their priorities, their experiences and their knowledge;
- Strengthening family, generational and community relations by facilitating discussion between women from different generations and between women and men;
- Providing a space where women can learn about regional organizations, resources and services available to them;
- Increasing local, regional and national awareness on the issues and needs affecting Nunavik women;
- Identifying solutions that would help Inuit women and their families to face their challenges.

St Jerome Detention Center Summer 2017

# **Project Manager**

Samantha Poirier

### Name of institution/organization

Kativik School Board

### **Project Summary**

The Adult & Vocation Education Services Department of the Kativik School Board would like to once again (2<sup>nd</sup> year) to offer services during the summer to Inuit detainees of the St Jerome Detention Center. During a 6-week period at a rate of 20 hours per week, the participants could participate in several workshops. These workshops include, an introduction to Inuit Cultural Identity, an ASP safety construction card course, workshops introducing various art forms, and lastly an art therapy workshop.

Prevention Project Nunavimiut Future 2017

# **Project Manager**

Samantha Poirier

### Name of institution/organization

Kativik School Board

### **Project Summary**

During the winter of 2016, the Adult & Vocation Services Department hosted a Nunavimmiut Futures fair which visited 6 communities. The aim of this project was to inform students of their educational opportunities as well as employment possibilities within Nunavik. Other organizations also took the opportunity to present some prevention programs. During the summer of 2016, KSB had the opportunity to present some workshops at the Detention Center in St Jerome and many inmates expressed their wish to participate and be active in prevention initiative in the communities. They want their voices and stories to be shared so that others can learn from their experiences and not fall to the hands of a criminal life style.

KSB would like to invite 2 ex-detainees who have knowledge and experience to share around and wish to contribute to their communities. The 2 individuals would travel with the organisers of the Nunavimmiut Futures Fair to Ivujivik, Akulivik, Quaqtaq, and Kangirsuk and share their stories with the students.

Crime Prevention Homeless Inuit and Social reinsertion

# **Project Manager**

Francois Dorval

### Name of institution/organization

Makivik Corporation

### **Project Summary**

The number of Inuit in difficulty or homeless in Montreal continues to grow with overrepresentation of homeless Inuit whether on the streets or incarcerated. During the 6 years of implementation of Makivik Action Plan to address homelessness in Montreal, although the Inuit now have access to much needed services through Makivik 4 partners, Inuit still represent 45% of all homeless Aboriginals. The initial objective of the Plan is to help Inuit have access to health and social services with a long term goal of reinsertion. Overcrowding of houses in Nunavik communities, poverty, violence and social issues are all factors that entice Inuit to continuously move from their home community to Montreal. This is exacerbated by Inuit also moving from Nunavut to Montreal.

The project funds 2 consultants to oversee funds given to Chez Doris, PAQ, Open Door, Native Friendship Centre, Medecins du Monde, Plein Milieu, and Taku Inuit Art Exhibition. It will also cover expenses of hiring an Inuk to join the team of consultants.

Makigiarniq Empowerment through Prison Outreach Healing Workshops

# **Project Manager**

Bobby Deer

### Name of institution/organization

Aaqitauvik Healing Center

### **Project Summary**

Aaqitauvik Healing Centre will conduct prison outreach to Inuit offenders in Quebec correctional centres both federal and provincial as well as detention centres. The outreach staff will provide one-on-one counselling and group healing sessions to offenders who are incarcerated in southern prison institutions to address issues they face as a result of the ongoing legacies of abuse, trauma, addictions and their criminal behaviors. AHC will develop and implement a training manual to offenders who will be able to utilize it on their own once the counselors have left.

The counselors will travel to each correctional facility to conduct the sessions. Each session will be three (3) workshop days and two (2) travel days. All the prisons will be in and around the Montreal region.

Prisons that will be provided with healing sessions are as follows:

- Leclerc 4 days
- Laval Institute 4 days
- St-Jerome 4 days
- Archambault 4 days
- Amos 4 days
- Youth detention center 3 days
- Port Cartier 4 days

Group Healing Sessions Workshop on:

- Circumstances and Consequences of Life Events

Montreal Healing Workshops

# **Project Manager**

**Bobby Deer** 

### Name of institution/organization

Aaqitauvik Healing Center

### **Project Summary**

Aaqitauvik Healing Centre will hold its 5th healing workshop in Montreal for urban Inuit.

This workshop is for men and women of the Montreal Inuit Community.

The workshop format will be a combination of presentations as well as individual and group discussions on subjects such as:

- \* Recovery from Trauma and Abuse
- \* Confrontation, Peace-making and Reconciliation
- \* Trans-Generational Behavioral Patterns
- \* Freedom from Fear

It will also include group and individual healing sessions.

The workshops will be conducted by four experienced facilitators one from South and three from Nunavik.

The objectives are:

- to provide an opportunity for Inuit men and women to regain their roles as healthy members of their community;
- to increase understanding of the complexities of mental health;
- to assist men and women in taking their roles in their home, family and society;
- to develop concrete suggestions to get people in their community to take action to address mental health;
- to increase understanding of the role and importance of healing in Inuit Society

Aaqitauvik Operational Budget 2017-18

# **Project Manager**

**Bobby Deer** 

### Name of institution/organization

Aaqitauvik Healing Center

### **Project Summary**

Since 2008 Aaqitauvik Healing Centre has provided program development and delivery on culturally specific mental wellness and healing initiatives to reduce the risk of criminal offenses and the continuation of family breakdown due to past and present trauma and addictions through seminars, workshops and one to one and group healing and counseling sessions to all Nunavik communities; and to federal and provincial detention and correctional center's of Quebec where Inuit are incarcerated to address offenders past and present criminal behavior by examining and dealing with their current mental health. AHC is a regional registered non-profit organization that is also recognized on the national level. AHC is comprised of one staff, board of directors (all Inuit) who are experienced counselors and mentors that facilitate the healing sessions at the headquarters in Quaqtaq, Quebec and in provincial and federal penal institutions as well as Nunavik communities when invited. AHC also operates a training centre in Quaqtaq where participants who arrive are provided their healing sessions in group and one to one counseling. The organization aims to assist 400 people next year.

Aaqitauvik Regional Outreach Seminar Kuujjuaq

# **Project Manager**

**Bobby Deer** 

# Name of institution/organization

Aagitauvik Healing Center

### **Project Summary**

Kuujjuaq has invited Aaqitauvik to conduct a preventative workshop to educate participants on what leads to suicide and how this kind of stress and depression can be handled.

This would be done through different means of information, counseling and supporting by local people who are already working on social issues. This workshop will be open to anyone interested to participate since it will be regional conference on healing issues.

Ilagiinut: building our future

### **Project Manager**

Jennifer Hunter

# Name of institution/organization

Tasiurvik Family House

### **Project Summary**

The Tasiurvik Family House will employ a regional coordinator to assist communities if they wanted to develop a family house. The coordinator would work with members of the Family House and a researcher to develop draft guidelines on community mobilization and how services and community members can work together setting up a family house and to improve family wellbeing. This would be done in association with the health board. The coordinator would visit some communities to explore their interest and provide support when needed.

Isuarsivik Treatment Center

### **Project Manager**

Mae Saunders

### Name of institution/organization

Isuarsivik Treatment Center

### **Project Summary**

The Isuarsivik Recovery Centre's program is based on using traditional values in partnership with modern accepted treatment models reflecting mental, physical, spiritual and emotional well-being. The culturally based 42 day Recovery Program assists clients in learning how to use Inuit culture, values and spirituality as tools in maintaining sobriety. Program components include individual and group counselling sessions, individualized recovery plans based on client goals, education on addiction and related behaviors, healing from unresolved trauma and grief, as well as spiritual and cultural traditional awareness.

The program has a 2 week Healing component which address past unresolved trauma. The program also assists clients to build a better relationship between the Inuit and Kativik Regional Police Force, CLSC's, Social Workers, Department of Youth Protection, we invite these service providers to come to Isuarsivik to do presentations on what they do and how they can be of assistance to the client when they leave treatment.

Nunavik Justice Program

#### **Project Manager**

Lyne St. Louis

### Name of institution/organization

Makivik Corporation

#### **Project Summary**

The justice committees of Nunavik are established in 10 communities and are along with reintegration officers, Sapumijiit agents and Inuit court workers the main Inuit actors in the justice field. They started in 2001 with six justice committees and by 2010, ten communities had justice committees functioning at different pace, depending if they had coordinators or not. Justice committees are composed of 5 to 8 members and of one coordinator who is responsible of the intake of cases, case management, the relations with the court and local resources and the organization of all activities of the Justice committee.

The justice committees sometimes give help to a person who is struggling, although the person has not committed crime, but most of their work is done with adults who have committed crimes and are vulnerable to recommit crimes if they do not get support, guidance and opportunities to deal with the underlying issues contributing to their crime. The justice committee works with victims, when possible, and as well with families.

One of the objectives of Justice committees is to address the underlying causes of crimes and guide offenders toward healing and recovery while using global, rehabilitative and traditional approaches.

There are 6 full time local contract positions (Puvirnituq, Kangiqsualujjuaq, Kuujjuaq, Salluit, Kangiqsujuaq-Quaqtaq and Kuujjuaraapik), and two local part time coordinators (Kangirsuk, Aupaluk) that serve their respective communities. Inukjuak as a coastal worker position which will now devote 50% of its time to local duties and 50% for coastal duties to support other Hudson communities and transfer knowledge. Ungava coast will also in September 2016 have a coastal agent which will devote 50% of its time to support Ungava committees and do Gladue reports and 50% of its time work as a Saqijuq assistant to the coordinator. Hopefully by March 2017, a coastal Gladue writer will also be hired, doing as well local responsibilities.

The project divides in 5 spheres

- A. Consolidation of support and activities offered in previous years to clients
- B. Capacity building of staff
- C. Stability and continuity of team
- D. Networking, informing and building stronger collaborations and services
- E. After care and reintegration

### **Project title**

Nunavik Youth Hockey Development Program

### **Project Manager**

Francois Dorval

### Name of institution/organization

**Makivik Corporation** 

### **Project Summary**

The NYHDP was established in 2006. The goal of this program is to develop a minor hockey structure at the regional level while using hockey as a vehicle to encourage youth to persevere and to make positive life choices that will enable them to succeed in the future. The program intends to provide this opportunity to youth in all 14 northern villages of Nunavik. The NYHDP is also meant to encourage and

stimulate the communities to invest time, energy and resources towards youth development and recreation while adequately use their facilities.

The program focuses on sport and physical activity development, on community and social development, on promoting education and healthy life choices, on developing hockey skills and game knowledge, and on teaching life skills. The program has an important educational component for which curriculum was developed by an experienced education specialist that deliver program for the past several years.

The program also trains youth and young adults to become leaders and role models. This year, the funding will cover the regional teams, tournaments and local hockey trainers.

Strengthening the Circle 2017

### **Project Manager**

Margaret Butler

### Name of institution/organization

Tasiutigiit Association for Cross-Cultural Families of Inuit and Native Children

#### **Project Summary**

The project addresses the issues of cultural dislocation, poor self-esteem, relational difficulties, developmental challenges and related behaviours that impact the lives of 100 Inuit children placed in foster and adoptive homes (usually non-Inuit) in the greater Montreal area.

The project will include regular activities programs that promote social skills, positive self-esteem, and problem-solving skills, whilst building social and community engagement. Activities will include outdoor activities, craft groups, teen evenings, culture sessions, therapeutic workshops, participation in Inuit and indigenous festivals, a weekend family culture camp, as well as support to adoptive and foster parents (parents' group) to ensure strong cultural identities, and to deal with attachment disorders, FASD etc.

The Circle of Courage model of positive youth development will be incorporated into the program planning, as well as elements of the SNAP program. The Circle of Courage model is based on the principle that to be emotionally healthy all youth need a sense of belonging, mastery, independence and generosity. Activities that incorporate these 4 factors will be offered.

This year, the request has slightly increased as more children will be involved and now there will be a parent group.

Prevention Program with Integration of Cadets

# **Project Manager**

Charles Dufault

### Name of institution/organization

Kativik Regional Police Force (KRPF)

#### **Project Summary**

The KRPF Crime Prevention and Cadets Program focuses on crime prevention and public safety with a view to help make Nunavik a safer place. To achieve this objective, the program staff will distribute a large amount of material and perform various education and awareness activities related to crime prevention through its Prevention officers and young Cadets. Presentations on firearm safety, bullying, bike safety and sexual abuse are given. The prevention team will continue to increase its efforts to reduce drug and alcohol abuse in the region. They will work to raise people's awareness in regards to the harm associated with drug and alcohol abuse and to lower the availability of drug and illegal alcohol and will work closely with the Saqijuq Project. The prevention program is also aimed at forming partnerships with other regional organizations to enhance existing services and resources by better coordinating interactions between the organizations to increase the effectiveness of the interventions. Furthermore, the KRPF intelligence officer, a member of the prevention team, will coordinate police activities in support of Inuit inmates transferred to Amos Detention Centre including arranging transport for them to minimize the required travel and detention time before an appearance and thereby improve correctional services for the Inuit. The program also offers training for Cadets, which aims to teach Inuit youth about policing and endorses policing as a career choice. The number of Inuit employed by KRPF in officer positions is very low. Therefore, the program works with youth to raise awareness about the roles and responsibilities of policing and policing as a career opportunity.