#### 2016/2017 Community Projects funded by Ungaluk Safer Communities Program

Project title	
Nunavik Hockey School	
Community	
Inukjuak	
Project Manager	
Stephane Paquet	
Name of institution/organization	
Northern Village of Inukjuak	
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#### **Project summary**

This is the sixth year of the summer hockey school in Inukjuak. The school provides employment to youth in the community during the summer months, as well as offers a positive space for youth to engage in physical activity. It also teaches the youth about team spirit, and the negative effects of using drugs, and consuming alcohol and junk food. The school involves 90 youth between the ages of 5 and 12 for one week, and another week involves 90 youth between the ages of 13 and 18. The project involves social workers who present on various issues. It will also involve a cultural trip by kayak in partnership with Unaaq Men's Association, where 30 youth will go by kayak to the bay and discuss Inuit culture, drug and alcohol abuse, violence and healthy lifestyle.

Unaaq Men's Association of Inukjuak

#### Community

Inukjuak

#### **Project Manager**

Tommy Palliser

#### Name of institution/organization

Unaaq Men's Association of Inukjuak

#### **Project summary**

The Unaaq Men's Association of Inukjuak helps youth between the ages of 10 to 35 years of age. The association targets this age group in an attempt to sway them away from challenging social issues and create a local support network where the older men would be hired to conduct certain training programs targeting the age group. The men who are detained are also a primary target group, for the association to provide a support network and programs for them to learn as well as realize that they are supported by their peers and by the older generation. There is no other local organization that is taking care of this group of men who are within the justice system, and limited programs and resources are available to support them. Single parent mothers are also targeted, to support their sons who do not have a father figure in their lives to teach them important traditional skills. The association extends the support network to include these young men who do not have fathers to teach them skills and also to introduce a sort of father figure in their lives.

Project activities include, but not limited to the following:

- 1. Dog team training
- 2. Kayak making
- 3. Kayaking (Certification of level 1 and 2 sea-kayaking)
- 4. Igloo building
- 5. Survival skills on the land
- 6. Navigational training on the land
- 7. Qamutik making
- 8. Soap stone harvesting
- 9. Wilderness First Aid
- 10. Elder Story Telling Sessions/Men's Gatherings
- 11. Provide traditional employment opportunities
- 12. Skinning of animals
- 13. Hunting & Fishing Excursions
- 14. Youth Camp Activities
- 15. Tourism training opportunities to enhance employment opportunities (working with elders this training is mostly developed by the activities themselves)
- 16. Endurance challenge activities on the land (involving kayaking, running, bicycling and rock climbing)
- 17. Cultural heritage month (March extra-large igloos built, traditional settings inside them and story telling sessions with elders and school students, etc.)
- 18. Community feasts (with harvested foods from the excursions)
- 19. Sharing of country food with elders
- 20. Traditional games and community celebrations

21. Presentations to other communities and regions on the impacts and benefits of a men's association in the community

The goals and objectives of the project are to provide a local resource and support network for young men to depend on. By working together with elders and other experienced men, the association plans to continue to provide vital traditional programs that enhance the young mens' traditional abilities and knowledge. Traditional employment is created, where there are very limited opportunities for men of all ages to make some income directly related to Inuit culture. Part of the objectives is to provide employment opportunities, for men to generate some income. Inukjuak has the highest rates of welfare recipients with very limited employment opportunities. Is it one of the largest communities in Nunavik, but has limited jobs available. The association directly works with elders and other specialists to provide a resource for traditional lessons and programs. This resource cannot be found in any other organization in the community; therefore, the association is providing a needed resource for all men of the community, especially for the youth.

Many youth have acquired employable skills such as kayaking (to provide local kayaking tours to local and non-local tourists), hunting skills (to hunt for animals, butcher them properly and either share or sell the meat to the local HSP), dog team training (to provide dog teaming tours to local and non-local tourists as well as develop their skills to compete in the regional Ivakkak races), Wilderness First Aid (to become one of the community's first responders and to support the excursions in providing a safe activity), kayak-making (to make, use and sell traditional model kayaks), soap stone harvesting (to support the traditional activity that help the men create their own self-employment by making and selling their soap stone carvings) and other traditional activities that support the development of their traditional knowledge and become self-confident and competent leaders of the community with a bright future outlook.

The association also has been conducting presentations to other communities. To date, the association has made presentations to the communities of Salluit, Kangiqsujuaq, Umiujaq, Kangirsuk, Kangiqsualujjuaq and plan to make a presentation in Puvirnituq during the Puttautiit Suicide Prevention Conference in October 2015. These presentations are made to help explain the impacts and benefits of a men's association, by empowering the men of the community to deal with some of their own issues as well as actively promoting Inuit culture by working closely with elders, hunters and other experienced professionals.

Strengthening women's shelter Inukjuak

#### Community

Inukjuak

#### **Project Manager**

Mary Atagotaaluk

#### Name of institution/organization

Ajapirvik Women's Shelter

#### **Project summary**

Ajapirvik Women's Shelter in Inukjuak is a safe place for women to come, alone or with their children, when they need emergency shelter. The shelter receives women by referral from Social Services, KRPF, or locally by self-referral. Women come from all Hudson Coast communities, Kuujjuaraapik to Akulivik, plus Ivujivik, Salluit and occasionally Kangiqsujuaq. Elder women from Inukjuak also occasionally take respite at the shelter, giving themselves and their families a break from demanding living situations. Ajapirvik is an incorporated not-for-profit organization governed by a local board of directors. The shelter is open 24 hours a day, 365 days a year. If employs 10 to 15 full-time, part-time and relief workers. Since opening its doors in 2010, the shelter has averaged almost 1,000 nights of accommodation each year for women and their children.

Clients of the shelter are victims of different types of abuse and violence: physical, sexual, psychological, often verbal, and sometimes financial. Women come to protect themselves and their children from physical or sexual abuse, from household situations involving alcohol and substance use, and to get relief from very difficult home situations.

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Arena Animators 2016 – Inukjuak Hockey League Program

# Community

Inukjuak

# **Project Manager**

Jobie Kasudluak

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Purvirnituq Inuksuk camp 2016

#### Community

Purvirnituq

#### **Project Managers**

Simon Novalinga, Inukpuk Ittukalluk, Mayor Levi Amarualik

# Name of institution/organization

Northern Village of Purvirnituq

#### **Project summary**

The Inukshuk Youth Camp offers three weeks of structured activities, learning, positive role models, and healthy outdoor living for otherwise unoccupied youth between the ages of 6 and 15. The camp runs with local instructors teaching both traditional and modern survival techniques on the land and on the sea. The camp is hosted by a partnership between the municipality, church and KRPF, with logistical support from other community groups.

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Purvirnituq summer camp 2016

#### Community

Purvirnituq

#### **Project Managers**

Carole Beaulne, Caroline Napartu

# Name of institution/organization

Northern Village of Purvirnituq

#### **Project summary**

The summer camp project has been in existence for 17 years. The camp involves taking about 45 youth and young adults (per week for 3 week) out on the land between Puvirnituq and Inukjuak. The summer camp had a family and cultural atmosphere that includes hunting, fishing, processing food in order to transfer survival skills in both modern and traditional ways.

The main goal is to promote and transmit to the young generation the importance of healthy living and maintaining the Inuit culture.

PUV Qajaq project

#### Community

Purvirnitug

#### **Project Manager**

**Alain Cloutier** 

#### Name of institution/organization

Kativik School Board, Iguarsivik School

#### **Project summary**

The project focuses on encouraging at-risk youth to turn their life around in a positive way. Participants develop self-confidence and healthy habits through involvement in a traditional activity instead of turning towards drugs, alcohol and/or dropping out of school for lack of motivation or better options. This project contributes to participants' school integration or reintegration & overall wellness consequently lessening the likelihood of participants becoming involved in the criminal justice system or in some cases of reoffending. The project also encompasses the Ungaluk priority goals of reducing substance abuse and preventing crimes.

The project recruits youth (aged between 13 & 18) with either learning and/or behavioral difficulties, emotional, social and/or familial problems resulting in academic delays. Lacking basic education and life-skills, they naturally gravitate towards delinquent peers and mimic their unhealthy lifestyle and anti-social behaviours. This leads to a bleak outlook on life with no dreams and little hope for their future. The project activities help participants develop their talents and potential while acquiring valued and valuable skills. By experiencing success in building and using qajaqs and operating the school canteen, they develop a healthy & positive self-construct.

The main goal and objectives of the project are to: provide youth with a viable alternative, favour school retention & reintegration, nurture a sense of belonging to the school & by extension to the community at large, foster success in a culturally relevant hands-on project, impart valuable skills & pro-social behaviors through concerted team work, improve identification to positive roles & successful endeavors, increase confidence in their worth and abilities, empower participants to make good healthy lifestyle choices.

Project title	
Sewing class	
Community	
Purvirnituq	
Project Manager	
Mina Beaulne	
Name of institution/organization	
Northern Village of Purvirnituq	

#### **Project summary**

This project aims to help young women, mothers, grand-parents and the community overall to get together and learn from the elders in the community. It is also another way of keeping themselves out of alcohol and drugs consumption. The elders would be sharing their parental skills to the participants at the same time. Life skills would also be shared during this project. This sewing class would consist of many little projects at the sewing shop, such as how to sew kamiks, amautiks, parkas, mitts, tents, etc.

Supervision and Security of Recreation Facilities 2016

# **Project Manager**

McCombie Annanack

# Name of institution/organization

Northern Village of Kangiqsualujjuaq

# **Project summary**

This project is to provide activities to the youth in the community to distract them from the violence. This will provide the staff with their salary so the facilities could be open. The positions are: Arena Manager, Arena Supervisor and Community Center Animator.

Recreation Activities 2016

#### **Project Manager**

Jessica Tooma

#### Name of institution/organization

Northern Village of Kuujjuaq

#### **Project summary**

This project is to support the continuation of recreation in the community. It will help hire 2 Local Recreation Coordinators, and up to 10 young student recreation animators to help support all activities, events, contest, clean-ups, projects, gatherings, facilities and special events with the recreation department such as: Community Clean-ups, Talent shows, Elder's Gathering's, the operation of the swimming pool, the operation of the sewing center, fundraisers, Eastern Arctic Summer Games, Arctic Winter Games, Kuujjuaq Youth Camp, Kuujjuaq Day Camp, Dery Fitness Challenge, monitoring student animators, Hockey Tournaments, Maintaining and construction of playgrounds in the community, skate park, outdoor rink, baseball field, field trips, group biking, the Community Kitchen and many more.

Kuujjuaq Youth Camp – Old Fort Chimo 2016

#### **Project Manager**

Jessica Tooma

# Name of institution/organization

Northern Village of Kuujjuaq

#### **Project summary**

The Kuujjuaq Summer Youth Camp is a re-occurring project that has been around well over 20 years now. Each summer, from the months of June to August, the Kuujjuaq Summer Youth Camp offers rotating weekly camping trips across the river (Old Fort Chimo) for children from the ages of 7 to 12 years. Each weekly session, which is 4 to 5 days at a time, is planned with structured activities according to the alternating participating age groups. Age groups inolved include: 7-9 year olds and 10-12 year olds, and usually the final session is 9-12 year olds. During the summer, there are a total of 7 sessions of alternating age groups. This camp was created to teach the youth how to implement camping and hunting skills, traditional knowledge and skill gaining, and for their enjoyment and fun of camping with friends.

Aulatsivik Youth Camp 2016

# **Project Manager**

Etua Kauki

# Name of institution/organization

Northern Village of Kangirsuk

# **Project summary**

This summer camp involves 6 weeks of intensive outings for about 30 youth in Kangirsuk. Outings include teachings on why we need healthier lifestyle and to learn how to maintain Inuit values through hunting and living on the land.

Kuujjuaq Homeless Shelter 2016

#### **Project Manager**

Jessica Tooma

# Name of institution/organization

Northern Village of Kuujjuaq

#### **Project summary**

The Northern Village of Kuujjuaq is opening a homeless shelter. The shelter would provide a safe place for people to stay overnight. The shelter would be open all evenings. The shelter will be for sober clients, no intoxicated individuals will access the shelter. Individuals in need will be provided a meal, a bed, and bedding. It would apparently be able to take 100 people per year.

The Co-Op Board had approved that the Homeless Shelter use the Old Coop Hotel starting this winter 2016 until summer 2016.

Traditional Skills 2016

#### **Project Manager**

Mary Ann Robertson

#### Name of institution/organization

Northern Village of Kuujjuaq

#### **Project summary**

The program targets youth at risk, school drop outs and young offenders to develop into productive adults through the medium of traditional pursuits. The traditional skills program aims to pass on to youth participants, survival and traditional hunting, fishing and trapping in relation to Inuit values and customs. The program aims to improve youth cultural identity, self-esteem and confidence through immersion in traditional activities. The traditional skills program training plan consists of 3 parts: Survival Skills training, Traditional Skills training and general activities helping the community and elders. In traditional skills training, they learn hunting, trapping, fishing, preparation and handling of their catch and also helping elders and the community.

**Public Sewing Center** 

#### **Project Manager**

Jessica Tooma

#### Name of institution/organization

Northern Village of Kuujjuag

#### **Project summary**

This project was created in 2015. Many participants have signed up, and a few have already completed their tents. They have a choice of learning to make a traditional Ungava style round tent, or the traditional Hudson style square tent. With these kind of projects, the Center is able to provide a safe and enriching place for those who may be struggling in life, and who may be victims or possibly at risk. At the Center, many generations bonding, and sharing information and knowledge. Through traditional sewing, the Center reaches out to those who may be suffering from depression, stress, anxiety, and isolation. Giving them a chance to reconnect, socialize, interact, and express, therefore, heightening their self-worth, confidence, motivation, self-esteem, and self-image.

Kuujjuaq Forum Operations

#### **Project Manager**

Jason Aitchison

# Name of institution/organization

Societe Kuujjuamiut Inc.

#### **Project summary**

The Kuujjuaq Forum provides a venue for all age groups to participate in recreation, sports, cultural, fitness and social activities. It is the only venue in town dedicated to the above activities. It provides a facility to participate in organized and scheduled recreation activities such as: Volleyball, Floor Hockey, Ice Hockey, Basketball, Badminton, Gymnastics, Fitness training, Inuit Games, Cultural Activities, Karate, Yoga and many more.

Kuujjuaq Daily Youth Camp 2016

#### **Project Manager**

Jessica Tooma

# Name of institution/organization

Northern Village of Kuujjuaq

#### **Project summary**

Kuujjuaq Daily Youth Camp has been running for many years. It has a major influence in the safety of the children whom attend. This project plays a major role within the community by providing a safe environment that encourages healthy development of youth starting from age 5 to 12. Also by creating full time positions for students, is provides a safe and healthy option of being involved in a community leadership role that discourages unhealthy behaviours such as and alcohol use/abuse. It also provides special training in animation/leadership and first aid for all employees.

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Arena Manager/Recreation Animator

#### Community

Kangiqsujuaq

#### **Project Manager**

Brian Urquhart

# Name of institution/organization

Northern Village of Kangiqsujuaq

#### **Project summary**

The Arena Manger / Recreation Animator is responsible for the Arena Management and all activities taking place within the building. With the assistance of the Recreation Coordinator, the Arena Manager plans the hockey schedule for the upcoming season. They are also responsible for evaluating what maintenance is required for the building, Zamboni and other arena equipment. Other duties include supervising the rental hockey equipment and the arena canteen. During any period that the arena is closed, the Manager assists the Recreation Coordinator in planning and organizing alternative activities.

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**Community Night Guards** 

#### Community

Kangiqsujuaq

#### **Project Manager**

Brian Urquhart

# Name of institution/organization

Northern Village of Kangiqsujuaq

#### **Project summary**

The NV of Kangirsujuaq hired 2 Night Guards to patrol the community during the night. One Guard works from 11 pm to 6 am Monday to Friday and another Guard works from 11 pm to 6 am on the weekends. The Guards patrol the community and report who was disturbing the peace, speeding, joy riding, driving under the influence, vandalizing or attempting to break into buildings. They also check to ensure that buildings are locked and secure during the night. The Guards keep a record all activity they witness in a log book. They also notify the police of any incidents or crimes they see taking place.

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Core Agent/Crime Prevention Coordinator

# Community

Kangiqsujuaq

#### **Project Manager**

Brian Urquhart

# Name of institution/organization

Northern Village of Kangiqsujuaq

#### **Project summary**

The Crime Prevention Coordinator's role is to prepare and submit project proposals for funding to Ungaluk and other funding agencies under the direction of the Wellness Committee, Community Wellness Nurse and the Municipal Council. The duties include writing proposals, activity reports, and verifying the financial reports of the workshops and projects. The agent ensures regular communication between the Municipal Council, Wellness Committee and other stakeholders in the areas of community health and wellness projects. The Core agent is also involved in the on-going projects of establishing a "Safe House", Wellness Centre and Cultural Centre in the community.

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Kangiqsujuaq Summer Camp 2016

#### Community

Kangiqsujuaq

#### **Project Manager**

Brian Urquhart

# Name of institution/organization

Northern Village of Kangiqsujuaq

#### **Project summary**

The project will address the issue of bored and unsupervised school age children in the community resorting to anti-social behaviour such as vandalism and substance abuse. The project targets school age children during their school summer vacation. It consists of 2 modules - outdoor and indoor community activities and a traditional on-the-land camp. The traditional camp will take place 15 km from the community and has been held for the last three years. The traditional camp in 2015 had a 29% increase in participants over the previous years due to its growing popularity. The town activities would include a workshop by Evie Mark. She held successful workshops in the past and this has been requested again by the popular demand.

Community Based Intensive Addictions Intervention

#### Community

Kangiqsujuaq

#### **Project Manager**

Brian Urquhart

#### Name of institution/organization

Kangiqsujuaq Wellness Committee /NV of Kangiqsujuaq

#### **Project summary**

High school students in Kangirsujuaq have indicated that many of them have developed a dependence on cannabis and/or heavy use of alcohol. The lack of qualified community based addictions professionals would indicate that most people dealing with abuse issues must work with whatever resources are available and not always easily. Local community resources are often at a loss as to how to best help these people as their own professional training did not prepare them for this type of intervention. An intensive community based intervention would offer services to the individuals who wish to work on their addiction issues as well as providing an opportunity for local community resources to work with professionals in the field of addictions. This will increase their capacity and ability to work with clients struggling with substance abuse problems after the project is completed.

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Male Victims of Sexual Abuse

# Community

Kangiqsujuaq

#### **Project Manager**

**Brian Urquhart** 

# Name of institution/organization

Kangiqsujuaq Wellness Committee / NV of Kangiqsujuaq

#### **Project summary**

Male victims of sexual abuse experience effects similar to those of female victims. The reactions and feelings to these effects can include anger and aggression, shame and humiliation, depression and sadness, moodiness, confusion and anxiety. The healing workshop helps men recognize and validate their own stories and give them tools towards healing.

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Salluit Night Guard 2016

#### Community

Salluit

# **Project Manager**

Susie P. Alaku

# Name of institution/organization

Northern Village of Salluit

# **Project summary**

The NV has employed 2 full time night guards.

The night guards role is to drive around the town at night to make sure the buildings are secure and locked, to report on night riders, to make sure people are not driving under the influence, to provide a list of young children staying out late will also be given to the by-law officer who in turn will inform the parents. They also assist Police Officers as needed. Night Guards have filled in void of lack of presence in the streets and they are patrolling more than the KRPF who usually do 1 to 2 hours at night.

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Outdoor Leadership Program of Kangiqsujuaq

# Community

Kangiqsujuaq

#### **Project Manager**

Yaaka M. Yaaka

# Name of institution/organization

Northern Village of Kangiqsujuaq

#### **Project summary**

The OLP Program for the past 5 years has helped alleviate poverty by helping students make traditional wares for them to sell. The skills which students acquire while attending various modules of the program, will help them build resilience, self-confidence, give them a sense of self-worth and help others recognize them as contributing members of their communities; something that can help them overcome their addictions. In addition to these facts, the OLP Program is working closely with the local school Board to encourage students to stay in school by offering students the opportunity to work in the OLP shop as a reward for doing well in school.

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**Hunting and Camping** 

#### Community

Kangiqsujuaq

# **Project Manager**

Michael Irniq

# Name of institution/organization

Anguvigaapik Naulait of Kangiqsujuaq

# **Project summary**

This project is a summer camp for all ages from students, adults, and elders. They will gather and go camping and learn about culture and traditional ways of life. The goal is to prevent violence and other crimes and also to prevent school dropouts. The students go camping with elders to discuss about problems that happen in the community and to address the issues that teenagers face every day. They learn about traditional and cultural activities while camping.