Healing Kangiqsualujjuaq

Community (list communities) or regional project

Kangiqsualujjuaq

Project Manager

Nancy Etok

Project summary

Many residents of Kangiqsualujjuaq are in a constant state of survival. The unresolved trauma from their past makes daily living a challenge. The side effects of these past traumas are evident: drug and alcohol abuse, domestic violence, sexual abuse, lateral violence and suicide. Those who are suffering need to heal past traumas so they can more readily cope with daily life. The project involves to provide training to 15 community members of Kangiqsualujjuaq. Community Wellness Workers, a Board of Directors member of the new family house, Qamaapik, and a few elders will be trained.

Project title

Night Watchmen

Community (list communities) or regional project

Kangiqsualujjuaq

Project Manager

McCombie Annanack

Project summary

The project is to provide a night watch program. The night watchmen patrol the community for the night in order to prevent violence, vandalism and many other crimes. The night watchmen would report incidents to the Municipal office through written reports. There will also be link with the police.

Project title

Student Summer Camp 2015

Community (list communities) or regional project

Kangiqsualujjuaq

Project Manager

McCombie Annanack

Project summary

This project will take students out on the land to go hunting, fishing, mussel/clam picking, and to be involved story-telling and some sports. The camp coordinator will be in charge of the camp and the staff. The staff (guides & cooks) will take care of the children providing safety, meals and activities around the camp. There are newly built cabins in the Kuururjuaq area to accommodate the children.

Project title
Summer Day Camp 2015
Community (list communities) or regional project
Kangiqsualujjuaq
Project Manager
Janice Baron
Name of institution / organization
Northern Village of Kangiqsualujjuaq
Project summary
The project involves a summer camp for youth in the community. The project objectives are to:
 Provide fun activities to the youth of this community to avoid boredom, to keep them out of trouble.
- Teach water safety in the pool, teaching youth how to swim and in boat on the sea for traditional
values. Hunting, fishing and camping skills.
- Promote healthy living habits as berry picking, walking on the land.
- Teach about traditional plants in regards to traditional medicine.
- Teach about the ways of identifying weather conditions.
- Teach the youth the best fishing and hunting locations according to the seasons.
- Promote team work by organizing team sports such as soccer, volleyball, field hockey and Inuit
baseball.
 Engage the youth in scavenger hunts, treasure hunts as well as indoor activities, arts and crafts, board games, cooking and movie nights.

Teach about the traditional preparation of skins, how to properly skin seals and how to tan caribou skin, including gathering moss and petrified wood to complete the tanning process.
Teach about making pitsik, bannock and suvallik.

Project title	
Traditional Skills	
Community (list communities) or regional project	
Kuujjuaq	
Project Manager	
Mary Ann Robertson	
Project summary	
The survival skill program targets youth at-risk, drop-outs and young offenders, and help the	em to

develop into productive adults through traditional activities such as hunting, fishing and trapping. The survival skills program aims to pass on basic survival and traditional hunting, fishing and trapping skills in relation to Inuit values and customs. The program focuses on improving youth cultural identity, self-esteem and confidence.

Project title	
Public Sewing Center	
Community (list communities) or regional project	
Kuujjuaq	
Project Manager	
Jessica Tooma	
Project summary	

The Public Sewing Center is a safe environment for those who enjoy gathering to sew. It helps many who may lack socializing with others, open up, feel welcome, learn, regain motivation, confidence and self-esteem. This project focuses on reducing opportunities of crime by strengthening the community and creating more social structures.

Kuujjuaq Daily Youth Camp

Community (list communities) or regional project

Kuujjuaq

Project Manager

Louisa Yeates

Project summary

The Kuujjuaq Daily Youth Camp plays a major role in the community by providing a safe environment for Kuujjuaq's youth, starting from age 5 to 12 for the participants, and ages 14 and up for the animators, coordinators and assistant. The camp therefore also creates full time positions for students and offers training that gives them a positive experience and an outlet for personal development. For the youth participants, it creates a safe environment to learn new skills. Creating and providing full time summer positions for students will effectively reduce their risk at becoming involved in illegal activities such as violence, drug/alcohol use/abuse and vandalism.

Project title

Recreation Activities

Community (list communities) or regional project

Kuujjuaq

Project Manager

Jessica Tooma

Project summary

The projects aims to make a connection with youth through "PLAY" during after-school hours, evenings and weekends by organizing recreational, cultural, and social activities, pickup games and sports activities. This project will provide the skills and support to Inuit youth to enable them to coordinate, organize and animate fun learning activities for school aged children who would otherwise be on their own, wondering the streets with nothing to do. All activities will be supervised in already existing facilities in Kuujjuaq. The primary objective is to provide an environment where all participants feel safe and secure.

Kuujjuaq Youth Camp – Old Fort Chimo 2015

Community (list communities) or regional project

Kuujjuaq

Project Manager

Jessica Tooma

Project summary

The Kuujjuaq Youth Camp has been in existence for well over 20 years. Each summer, from the months of June to August, the Kuujjuaq Youth Camp provides rotating weekly camping trip sessions across the river in Old Fort Chimo for children ages 7 to 12 years old. The weekly sessions (4-5 days at a time) are planned and implemented with structured activities according to the alternating participating age groups.

Project title

Kuujjuaq Forum Operations

Community (list communities) or regional project

Kuujjuaq

Project Manager

Jason Aitchison

Project summary

Kuujjuamiut Inc. constructed the Kuujjuaq Forum in 1992/1993 to respond to the need to have infrastructure to promote and facilitate recreation, sports, leisure and community and events for all age groups. The Kuujjuaq Forum gymnasium provides a venue for sports such as basketball, broomball, indoor soccer, badminton, volleyball as well as after school activities for different age groups. The forum also has a fully equipped modern fitness gym, and operates an artificial indoor ice rink for 8 months of the year. The ice rink and hockey leagues also provide important part-time and after school jobs for students.

Tasiujaq Summer Camp

Community (list communities) or regional project

Tasiujaq

Project Manager

Mary Cain

Project summary

The summer camp takes place over 3 weeks, and take youth out on the land to learn about traditional, cultural and survival skills. The camp provides positive alternatives for the youth in order to prevent them from engaging in negative activities and anti-social behaviours.

Project title
Night Guard 2014
Community (list communities) or regional project
Salluit
Project Manager
Susie P. Alaku
Name of institution / organization
Northern Village of Salluit
Project summary
Night Guards will do nightly check-ups on businesses as well as municipal buildings, and report an
incidents to the by-law officer. The goal of the project is to have a safer and peaceful communit

during the night and to ensure the municipality is properly informed on any damages due to vandalism.

Project title Nunavik Hockey School 2015 Community (list communities) or regional project Inukjuak Project Manager Stephane Paquet Name of institution / organization Northern Village of Inukjuak Project summary This will be the fifth year of the summer hockey school in Inukjuak. The school provides employment

This will be the fifth year of the summer hockey school in Inukjuak. The school provides employment to youth in the community during the summer months, as well as offers a positive space for youth to engage in physical activity. It also teaches the youth about team spirit, and the negative effects of using drugs, and consuming alcohol and junk food. The project involves social workers who present on various issues. It will also involve a cultural trip by kayak in partnership with Unaaq Men's Association.

Project title
Pigiurvik Animators
Community (list communities) or regional project
Inukjuak
Project Manager
Eva Kasudluak
Name of institution / organization
Northern Village of Inukjuak
Project summary
This project involves animators working at the Pingnguavik Recreational Centre. The animators will ensure a safer environment for the children and adults at the facility.

 Project title

 Arena Animators

 Community (list communities) or regional project

 Inukjuak

Project Manager

Jobie Jr. Kasudluak

Name of institution / organization

Northern Village of Inukjuak

Project summary

The project provides employment for animators, janitors, and a secretary to supervise the arena and to offer services. These staff will ensure that the arena is properly supervised and is a safe space free of bullying and vandalism.

Project title
Puvirnituq Summer Camp
Community (list communities) or regional project
Puvirnituq
Project Manager
Carole Bealne
Name of institution / organization
Northern Village of Puvirnituq

Project summary

This project involves taking 70 to 80 youth and young adults out on the land between Puvirnituq and Inukjuak over a period of 3 weeks (1 group per week). The participants will learn about Inuit culture.

Project title Salluit Summer Camp Community (list communities) or regional project Salluit Project Manager Peta Tayara Pinguartut Name of institution / organization Northern Village of Salluit Project summary

The camp provides youth (10 to 15 years old) the opportunity to go camping with families. Each week 20 participants will be taken out. One family will be responsible for 2 kids at their camp and will have a chance to pass their knowledge on to the youth. This project will help educate the youth about discipline, better understanding the effects of substance abuse, and traditional ways of living and survival on the land, which will include, hunting and fishing, preserving food, skinning and cleaning skins, preparing food and cooking, storytelling, and Inuit language.

Kangiqsujuaq Summer Camp

Community (list communities) or regional project

Kangiqsujuaq

Project Manager

Brian Urguhart

Name of institution / organization

Northern Village of Kangiqsujuaq

Project summary

The Summer Camp will comprise of 2 modules: Outdoor and Indoor Activities which will be held during the school summer vacation; and 3 Animators and 1 Supervisor that will be hired to provide various activities in town. It will involve over 20 youth. The camp will be held at a location 10 to 20 km from the community depending on which site is chosen by the Elders. Nunaturlik Landholding Corporation will assist in moving supplies. Municipal Animators will also work at the camp, as well as Elders who will speak to the campers about drug and alcohol abuse, anti-social behaviour, and the importance of education.

Project title	
Core Agent	
Community (list communities) or regional project	
Kangiqsujuaq	
Project Manager	
Brian Urquhart	
Name of institution / organization	
Northern Village of Kangiqsujuaq	
Project summary	

The Core agent will be responsible for obtaining the funding and project coordination. Without the position of a Core Agent, the municipality would have difficulty in allocating the resources to find funding, and coordinating and reporting for the crime prevention projects.

Project title	
Community Night Guard	
Community (list communities) or regional project	
Kangiqsujuaq	
Project Manager	
Brian Urquhart	
Name of institution / organization	
Northern Village of Kangiqsujuaq	
Project summary	
The project involves providing employment for two night guards to patrol the community	/ at night

The project involves providing employment for two night guards to patrol the community at night during the weekday and weekend. The guards will ensure that buildings are locked and secure, as well as provide reports on incidents. Reports will be given to the by-law officer and the guards will notify the police on specific incidents if needed.

Project title
Arena Manager / Animator
Community (list communities) or regional project
Kangiqsujuaq
Project Manager
Brian Urquhart
Name of institution / organization
Northern Village of Kangiqsujuaq
Project summary
The Arena Manger / Animator is responsible for the arena management and overseeing all of the
activities taking place within the building. With the assistance of the Recreation Coordinator, The
Arona Manager plans the backey schedule for the uncoming season. They are also responsible for

activities taking place within the building. With the assistance of the Recreation Coordinator, The Arena Manager plans the hockey schedule for the upcoming season. They are also responsible for evaluating what maintenance is required for the building, Zamboni and other arena equipment. Other duties include supervising the rental hockey equipment and the arena canteen. During any period that the arena is closed, the Manager assists the Recreation Coordinator in planning and organizing alternative activities.

Lasting shift of thoughts

Community (list communities) or regional project

Ivujivik

Project Manager

Thomassie Mangiuk

Name of institution / organization

Northern Village of Ivujivik

Project summary

The project involves bringing youth out onto the land. Experienced adults will mentor and teach the group of youth on various traditional activities. The experiences of the adults and the youth will be recorded and broadcasted to promote the activities in which they have participated, their feelings and new skills.

Project title

Ivirtisinik Sewing Initiative

Community (list communities) or regional project

Ivujivik

Project Manager

Uquittuk Iyaittuk

Name of institution / organization

Northern Village of Ivujivik

Project summary

The Public Sewing Center is a safe environment for those who enjoy to gather to sew. It helps those who lack the chance to socialize with others, and provides a non-judgmental and safe space to open up and regain motivation, confidence and self-esteem. The sewing center will be used for many different projects.

Project title	
Back To Essential	
Community (list communities) or regional project	
Kangirsujuaq	
Project Manager	

Nathalie Santerre

Name of institution / organization

Nursing Kangirsujuaq and Northern Village of Kangirsujuaq

Project summary

The goal of the project is to target six teenagers who have behavior problems at school and are at risk of abusing drugs and alcohol. For one week, the youth will go to Pingualuit Park to reintegrate with their culture, and improve their self-esteem and unhealthy behaviours. Daily activities will be organized and animated by a local nurse.

Project (title
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Unaaq Men's Association of Inukjuak

Community (list communities) or regional project

Inukjuak

Project Manager

Michael Kasudluak

Name of institution / organization

Unaaq Men's Association of Inukjuak

Project summary

The Unaaq Men's Association of Inukjuak has set goals to support the youth, particularly the young men of the community; those who are at risk of committing suicide, committing crimes and other social problems by actively working with Elders and other people or organizations to go hunting on the land, learning new traditional skills and other skills related to Inuit traditional skills.

Building skills such as the following are a big part of developing youth into skilled young men and young leaders, through the association: Igloo Building, Survival Skills on the land, Dog Team Training, Kayak making, Kayaking (Levels 1, 2), Wilderness First Aid Training, Qamutik making, Compass, Mapping and Traditional Navigation, Youth Camp Activities, Hunting Excursions, Traditional tool making and other traditional skills, and storytelling with Elders.

The young men are taught to become competent young Inuit men and leaders, setting good examples in the community, learning from the Elders and taking more responsibility as active members of the community. The association also works very closely with the Justice System, by supporting the rehabilitation of Inuit men who have returned to the community from detention centers.

Project title
PUV Qajaq Project Year 6
Community (list communities) or regional project
Puvirnituq
Project Manager
Alain Cloutier
Name of institution / organization

Kativik School Board

Project summary

The project focuses on encouraging at-risk youth to make positive lifestyle choices. Participants develop self-confidence and healthy habits through involvement in traditional activities.

This project contributes to student retention and overall wellness consequently lessening the likelihood of participants becoming involved in the criminal justice system.

Participants are involved in a series of activities with a strong cultural basis, namely traditional qajaq building, paddling, rolling and rope gymnastics. Throughout the entire school year they learn boatbuilding (qajaq & umiaq), paddle making and practice rope gymnastics.

In September, they attend an intensive on-the-water training camp with world-renowned Qajaq champion, builder and instructor Maligiaq Padilla in the Outaouais region. Maligiaq's fame and positive image make him a unique and powerful role model with whom youth participants readily connect. A fall qajaq training session in Puvirnituq enables intermediate and more advanced paddlers to acquire certification.

The cooking component of the program directly addresses health promotion. Participants learn to prepare a wide range of nutritious and delicious foods, thus developing both good parenting and transferable employment skills. They also operate the school canteen.

Project title
Youth Fusion programming at Asimauttaq School
Community (list communities) or regional project
Kuujjuaraapik
Project Manager
Alanah Heffez
Name of institution / organization
Youth Fusion
Project summary
Youth Fusion organizes extra-curricular activities for at-risk youth, on a daily basis, throughout the
entire school year, in order to contribute to safe and healthy schools and communities. In
Kuujjuarapik, Youth Fusion runs a lunch-time activities at Asimauttag school, as well as after-school

activities which may take place at the school, the youth centre, or other community locations (pool, gym, family house, etc). This project aims to prevent school drop-out and to promote educational or personal development opportunities by offering the following activities:

- Performing Arts project (30 hours per week)
- Leadership & Healthy Living project (30 hours per week)
- Science project (15 hours per week)